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# FDA Regulation of Promotion & Advertising

## Part 6: First Amendment, Off-Label and False Claims

ComplianceOnline Seminar  
November 6-7, 2014

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# First Amendment

- **Adopted December 15, 1791**
  - Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.
- **“Commercial Speech” – does not get “full” 1<sup>st</sup> Am. protection**
  - Advertising – clearly is commercial speech

# Caronia and Off-Label Promotion

- **Alfred Caronia** –
  - Sales rep for Orphan Medical (now Jazz Pharm.)
  - convicted of conspiracy to introduce a misbranded drug into commerce – for an unapproved use (off-label)
  - Appealed
    - Caronia -- contended that he was prosecuted for his speech
    - FDA – his speech was not the issue, it was just used as evidence of his intent ... to misbrand the drug

## Caronia and Off-Label Promotion ...

- **The Facts**

- *Xyrem* – powerful central nervous system depressant; approved (GHB – “date rape” drug) – approved (1) to treat narcolepsy patients who experience cataplexy and (2) to treat narcolepsy patients with excessive daytime sleepiness (EDS); severe side effects
  - Black box warning – elderly and pediatric patients under 16
  - Limited distribution – single pharmacy in Missouri
- Caronia – started a speaker program for Xyrem
  - Caronia – not allowed to answer questions on off-label use; had to send info into company
  - Physician Speakers – could answer off-label questions

## Caronia and Off-Label Promotion ...

- **The Facts ...**
  - “The Conspiracy”
    - Caronia taped
      - 10/26 – Dr. Charno – promoted Xyrem for uses such as fibromyalgia, insomnia, “muscle disorders and chronic pain”
      - 11/2/05 – Dr. Charno and Gleason
    - Caronia and Peter Gleason – pushed Xyrem for children under 16
  - Pled guilty originally; moved to have plea dismissed, claiming that the application of the misbranding theory essentially violated his 1<sup>st</sup> Am rights to speech

## Caronia and Off-Label Promotion ...

- The “Misbranding Theory”
  - Misbranding theory of off-label promotion – that there are not adequate directions for use for the off-label use, **but** that the off-label use has become an “intended use” as defined in FDA regulations **and** directions for use, under 21 CFR 201.5, must cover all “intended uses” (even off-label)
    - **21 CFR 201.128** – objective intent of person -- allows “intended use” to be shown by oral or written statement and ... “the circumstances that the article is, with the knowledge of such persons or their representatives, offered and used for a purpose for which it is neither labeled nor advertised.”
    - Government – not possible to write adequate directions for use for an off-label use

## Caronia and Off-Label Promotion ...

- **Decision ...**
  - First, 2<sup>nd</sup> Circuit concluded that the trial record made clear that the govt prosecuted Caronia for the speech – the off-label promotion
  - On appeal, Caronia argued that the misbranding provisions, by prohibiting off-label promotion, impinge the 1<sup>st</sup> Am.
  - Court – took a slightly narrower approach –
    - concluded that he was prosecuted for “mere off-label promotion” (speech) and that was improper
      - no proof offered at trial of deficient labeling, for example
    - also concluded that the misbranding provisions don’t criminalize speech per se

## Caronia and Off-Label Promotion ...

- Court – 1<sup>st</sup> Am. violated in several ways
  - Sorrell case – Heightened scrutiny
    - Content based –distinguishes between “favored” and “unfavored” speech based on the ideas expressed
      - favored = approved use
      - unfavored = unapproved use
    - Speaker based – distinguished between types of speakers
      - docs – could talk about off-label use
      - drug companies – could NOT
  - Central Hudson – Intermediate Scrutiny

» ....continued ...

## “Central Hudson” 4-Prong Test

- **1 -- Is the expression protected by the First Amendment and not misleading and related to lawful activity?**
  - **Yes**, speech; related to lawful activity (off-label use) and not misleading (if true)
- **2 -- Is the asserted government interest substantial?**
  - **Yes**, drug safety and public health
- **3 -- Does the regulation directly advance the governmental interest asserted?**
  - **No**, because off-label use is acceptable and this ban on promotion actually inhibits that use by docs

## “Central Hudson” 4-Prong Test

- **3 -- Does the regulation directly advance the governmental interest asserted? ...**
  - besides, FDA actually allows distribution of off-label info under draft Good Reprint Guidance
- **4 – Is the restriction narrowly drawn to further gov’t interest**
  - **No**, there are other ways to address that FDA and government are not pursuing. For example, the law actually bars off-label use of HGH – Section 303(f) of Act
  - **Regulating speech should be last resort**

# Future after Caronia?

- **Wild West? Snake Oil?**
  - 2<sup>nd</sup> Circuit -- is just NY, VT, & CT
  - Government – will probably focus on:
    - failure to provide adequate directions for use, because the product is being promoted for an off-label use, in future actions
    - unapproved drug actions
  - Off-label promotion – must essentially be in writing
  - **21 CFR 801.4** – device maker required to provide info on labeling if it learns that its product is being used off-label
    - See [Dexcom Warning Letter](#); May 2010, where FDA asked for labeling changes on off-label uses (pediatrics; incision location)

# False Claims Act and Off-Label Promotion

## False Claims Act

- **Enacted during Civil War; creates a bounty for anyone who blows whistle on unscrupulous government contractors**
  - Qui Tam – actions filed under seal; government can later join
  - Recovery – percentage (varies) – can go to the “relator” (the whistleblower)
- **Late 1990’s – began to emerge in FDA-regulated violations**
  - Neurontin – one of the first big ones -- \$430,000,000
    - (whistleblower got about \$25 mil.)

## False Claims Act Settlements

- **Orphan Medical – Xyrem -- \$20 million**
- **BMS/Otsuka – Abilify – \$50 million**
  - Pediatric and to treat dementia (approved for MDD, PD, etc.)
- **Cephalon -- \$375 million for three drugs**
  - Actiq – pain in non-cancer patients (approved in cancer)
  - Gabitril – anxiety, insomnia, pain (approved for partial seizures)
  - Provigil – fatigue and other “stimulant” uses (approved for narcolepsy)
- **Lilly – Zyprexa -- \$1.4 Billion – anti-psychotic marketed for numerous off-label uses**

## False Claims Act Settlements

- **Pfizer I – Bextra, Geodon, Lyrica -- \$2.3 billion**
  - six whistleblowers shared \$102 million
- **Allergan – Botox -- \$600 million – chronic migraines**  
(later approved for use)
- **Abbott – Depakote -- \$1.6 billion**
- **GSK – Paxil, etc. -- \$3 billion**

## FCA – What's' Involved

- **Civil monetary penalties** – range from \$5,500 to \$11G per violation; up to 3 times amount of damage sustained by government
- **Focus of off-label liability** – Federal healthcare programs -- not responsible for paying for unapproved uses
- **Filed under seal** – although you likely know if you're under investigation
- **Whistleblower** – protected from retaliation

End of Part 6 –

**First Amendment, Off-Label and False  
Claims**